

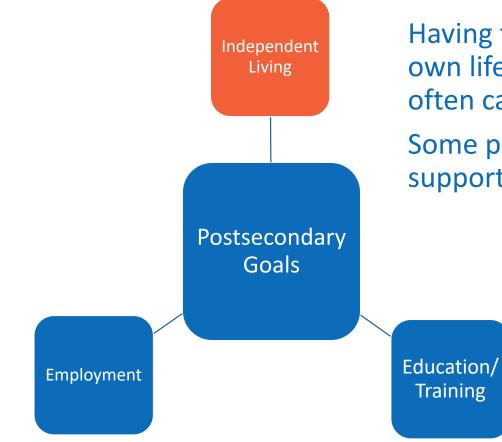
Navigating Adulthood: Transportation Planning for Students with Disabilities

SPEDTex webinar April 23, 2025

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Transition Planning: Independent Living





Having the skills and support to direct your own life at home and in the community is often called independent living.

Some people may need to plan for supports to be as independent as possible.

Supports for Independent Living

Think about your child at home or school. Which of the following activities do they need support to manage?

- Cooking meals or shopping for groceries
- Cleaning the house
- Showering, getting dressed, or taking care of health needs
- Getting from home to work, stores, friends' houses (transportation)
- Planning fun things to do with friends
- Getting help in an emergency
- Staying safe at home or in the community
- Other:

□ I can take care of these things on my own.



https://spedsupport.tea.texas.gov/resourcelibrary/texas-transition-and-employment-guide



The Need for Planning

• When your child is 25 years old, how will they:

- Get to and from their job?
- Go to doctor's appointments?
- Hang out with friends?
- Go shopping for groceries, clothing, household items?

During the school years (as available and/or eligible)

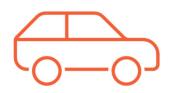
- School bus
- School-owned van or vehicle
- Special transportation
- Public transportation with support from school staff





Types of Transportation

- Driving a car
- Public transit
- Taxis
- Rideshare (such as Uber or Lyft)









Creative solutions



- Bicycle
- Walking
- Carpooling
- Golf cart
- Scooter









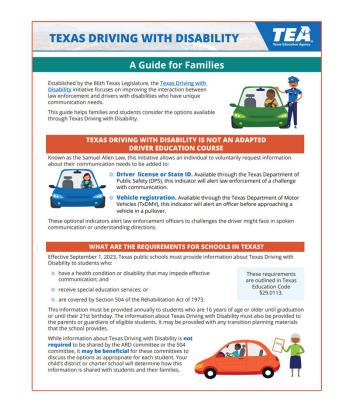
Specialized Supports for Transportation

Specialized Supports for Driving



- Allowable accommodations on the driving test
- Accessible parking
- Driver Rehabilitation Programs
- Adaptive driving
- Vehicle modification or adaptive driving aids
- Texas Driving with Disability: optional indicators for communication challenges
 - Driver license
 - Vehicle registration

What are your child's unique needs related to driving?



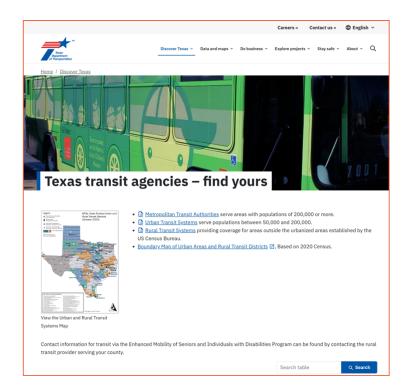
https://tea.texas.gov/texas-schools/healthsafety-discipline/texas-driving-with-disability

Specialized Supports for Public Transit



- Discounted fares
- Wheelchair lift, special seating
- Paratransit
- Rural transit

What transportation is available in your area?



https://www.txdot.gov/discover/texastransit-agencies.html?form=MG0AV3

Specialized Supports for Private Transportation



- Safety
- Requesting vehicles with wheelchair
- Free or reduced cost
- Network of friends and family
- Volunteers

What options might work best for your child?

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My Transpo Posted on Jun 03.2024 In May 2024, the My Tr	
My Transpo Posted on Jun 03.2024 In May 2024, the My Tr	rtation Plan Tool ansportation Plan Tool was presented at the National Lifespan Respite conference as a way to assist caregivers and others in creating a transportation rovides a framework for creating a transportation inventory of local transportation options and organizing recurring and personal trips.

https://www.nadtc.org/resourcespublications/resource/my-transportation-plan-tool/

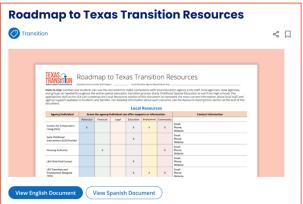


Transportation assistance from agencies



- Texas Workforce Solutions Vocational Rehabilitation Services
 - Bus vouchers
 - Vehicle modifications
- Nonemergency Medical Transportation (NEMT) through Medicaid
- Demand Response Transportation Services (DRTS) through Medicaid waivers (managed by Texas Health and Human Services)
- Easter Seals
- Goodwill
- United Way

https://spedsupport.tea.texas.gov/resourcelibrary/roadmap-texas-transition-resources



Easter Seals



https://easterseals.findhelp.com/

Search and connect to support. Financial assistance, food pantries, medical care, and other free or reduced-cost help starts here: ZIP 78735 Q Search	e		🕑 Support	Sign Up	Log In
If you or someone you know is in crisis, call or text 988 to reach the Suicide and Crisis Lifeline, chat with them online via their website, or text HOME to		pantries, medical care, and other free or reduced-cost help starts here: ZIP 78735 Q Search			
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By continuing, you agree to the Terms & Privacy		By continuing, you agree to the Terms & Privacy			

Webinar Archive: Transportation



Governor's Committee on People with Disabilities

- Flying with Disabilities: An Updated Guide to Air Travel
- Accessible Parking in Texas
- Paratransit Transportation Solutions for Texans with Disabilities
- From Accessible Parking to Housing Vouchers: An Overview of Fair Housing Topics
- Creating Opportunities Through Accessible Transportation
- Curb Ramps, Sidewalks, Oh My! Navigating the public rights of way in Texas
- Texas Driving with Autism Initiative
- Accessible Parking: Enforcement



https://gov.texas.gov/organiz ation/disabilities/webinararchive-transportation



Navigating Your Next Steps

Transition Planning





Steps to Take Today



- Think about your child's needs on their "best day," when they are as independent as possible.
- Talk as a family about your goals for how your child will get around their community in adulthood.
- Explore one resource to learn about options for your child, including eligibility requirements.





Thank you!